



SENIOR CENTER NEWSLETTER

October 2024
609-371-7192



Dear Friends

Tuesday, November 5 is Election Day, for the President and Vice President of the United States, the U.S. Senate and Congress and Mercer County Commissioners. If you have applied to **Vote by Mail**, look out for your ballot, complete it, and return it by mail or place in the local **Dropbox** at the **Police/Court Building at 80 One Mile Road**. You also can **Vote Early in Person** on the regular voting machines from **Saturday, October 26 thru Sunday, November 3**, Monday – Saturday from 10am to 8 pm and Sunday 10 am to 6 pm at the **Hickory Corner Library** (138 Hickory Corner Road) or any early voting location in Mercer County.

Highly Exciting Business News: The entire Innovation Park complex, at the intersection of Route 571 and One Mile Road, now is leased by successful life science & pharmaceutical companies – with no trucking companies and minimal impacts. These new businesses further East Windsor’s vision of a high tech pharma corridor, an *Einstein’s Alley*, between One Mile Road and the West Windsor border – joining companies as Aurobindo Pharma, Shiseido, QTS and ForDoz Pharma.

Newly announced, R.K. Pharma, a privately held U.S. based pharmaceutical company, will be occupying the second larger 406,669 square feet building in Innovation Park, commencing retrofit move-in work within the next month. R.K. Pharma is a pharmaceutical company which focuses on the development, manufacturing and sale of high quality and affordable generic pharmaceutical grade injectables worldwide. R.K. Pharma, a high growth company with about 2,000 employees in current facilities in Pearl River, New York, East Brunswick and India, is projecting 300 to 400 employees in the local facility.

Previously announced, Getinge, a global medical device technology company founded in Sweden in 1904, is now occupying the 168,000 SF building in Innovation Park. Getinge, a global medical device technology company, which develops and provides systems and equipment to healthcare and life sciences industries worldwide, has over 10,700 employees worldwide and 25,000 customers in over 130 countries and facilities in France, China, Germany, Poland, Sweden, Turkey, Netherlands, and the United Kingdom.

Innovation Park, the two building state of the art business park located on an 86.97 acre parcel formerly occupied by McGraw Hill, was designed specifically to attract innovative high-tech and pharma related tenants, featuring modern unique architectural features. The complex incorporates extensive outdoor public green spaces, landscaping and beaming with deciduous, ornamental and evergreen trees, benches and other amenities and a walking pathway.

Thank you to Mercer County Executive Dan Benson who, at the request of Township officials, has provided cooperative assistance for East Windsor municipal roadways, specifically resurfacing a portion of **One Mile Road**, from County Route 571 to north of Route 133 accesses, followed by the restriping of the center lane for the entire road, and resurfacing **Town Center Road** from Route 130 to North Main Street.

Mayor Janice S. Mironou



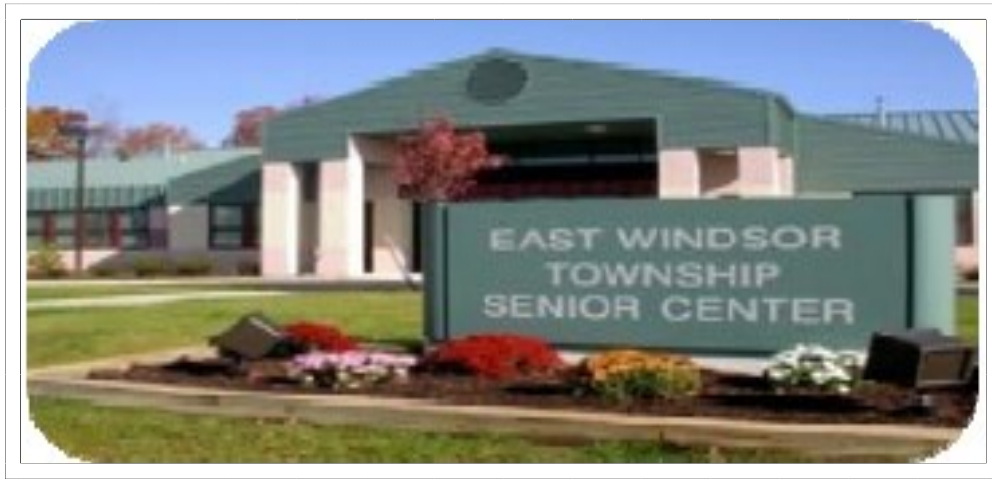
October Newsletter Info

**Program sign up begins IN-PERSON
Tuesday, October 1 @ 8:45 am**

Program Sign Up sheet can be found
in a separate email and in the
lobby of the senior center.

TRIPS SIGN UP

October 1, 2, 3
(deadline on the 3rd by 12:00 pm)



The East Windsor Senior Center is dedicated to helping residents age 60+ reach their full potential to ensure a lifelong continuum with a focus on program participation that fosters a productive life in the community.

The center offers members a broad range of services, including presentations, classes, health screenings, lectures, nutrition program, trips, special events, activities, and links to county and state resources. The center is open Monday through Friday from 8:00 am until 4:00 pm.

There are many exciting things planned for the upcoming months and years ahead, building on the foundation that is already in place, helping you to stay healthy, vibrant, and entertained.

Join us, make new friends, meet old friends, and learn how to maintain your health, independence, and overall wellness.



East Windsor Township Senior Center
40 Lanning Boulevard
East Windsor, NJ 08520
(609) 371-7192
Email: seniorcenter@east-windsor.nj.us

Kelly Roman
Senior Center Director
Rebecca Liming
Program Coordinator



Janice S. Mironov, Mayor
David Russell, *Deputy Mayor*
Denise Daniels, *Council Member*
Anthony Katawick, *Council Member*
Marc Lippman, *Council Member*
Johnnie Whittington, *Council Member*
John Zoller, *Council Member*

Township Information



**Our offices will be closed,
Monday, October 14**

Are you signed up for Nixel?

Nixle communications system enables immediate text messages to **registered** cell phones and email addresses, to alert residents and businesses about safety and health subjects, such as severe weather conditions, traffic disruptions, road closures, flooding conditions, power outages, and important public health notices as well as other significant community updates and announcements.

<https://www.east-windsor.nj.us/nixle>

E-News Updates

IMPORTANT: Residents Are Encouraged to Register and Urge Other Residents to Register to Receive E-News Updates. E-News is used for alert communications in significant weather and service impacted situations, as well as generally weekly to provide information on new businesses and stores, roadway projects, grants, special events and other subjects of public interest. ([CLICK HERE](#)) or visit the East Windsor Township website at www.east-windsor.nj.us to register for E-News. East Windsor officials seek to expand resident subscribers. **PLEASE SEND THIS E-NEWS INFORMATION TO YOUR EAST WINDSOR FRIENDS AND FAMILY ENCOURAGING THEM TO SIGN-UP**

<https://www.east-windsor.nj.us/e-news>

Rosh Hashanah

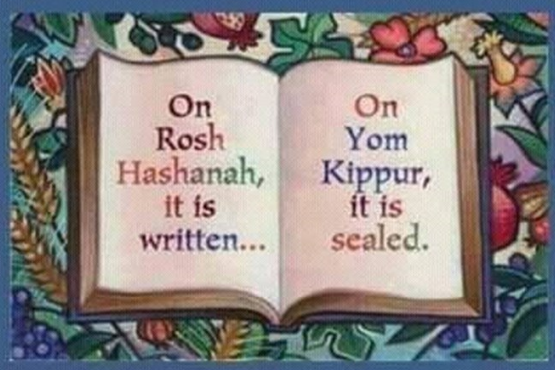


BE HAPPY & SWEET

- ◆ Evening of October 2, at sundown
- ◆ Ends at nightfall, October 4



- ◆ Evening of October 11, at sundown
- ◆ Ends at nightfall, October 12



To those I have wronged,
 I ask forgiveness.
 To those I have helped,
 I wish I did more.
 To those I neglected,
 I ask for understanding.
 To those who have helped me,
 I sincerely thank you.

- mOioz

What is the Differences Between Rosh Hashanah & Yom Kippur?

- ◆ Rosh Hashanah, which translates from Hebrew to mean “the head of the year,” is **one of Judaism’s holiest days**. The two-day celebration marks the start of the Jewish New Year and is filled with traditions, like eating a round challah and saying prayers near a body of water.
- ◆ Yom Kippur is the most solemn of Jewish religious holidays, when Jews seek to **expiate their sins and achieve reconciliation with God**. It concludes the “10 days of repentance” that begin with Rosh Hashana on the first day of Tishri. It is on Yom Kippur that solemnity and cessation of work are most complete.

EAST WINDSOR TOWNSHIP ANNUAL FLU CLINICS



For residents of East Windsor and Hightstown 60 years and over.
There is **no charge** for the vaccine.

DATE:

Thursday, October 10, 2024 9:30 AM to 12:30 PM

Thursday, October 24, 2024 1:00 PM to 4:00 PM

PLACE:

East Windsor Township Senior Center
40 Lanning Boulevard

BY APPOINTMENT ONLY

To schedule an appointment,
call East Windsor Township Health Department

609-443-4000, ext. 422

Community Bus



50 cents round trip

The Senior Center community bus is back on the road. We have enhanced our cleaning efforts to include daily disinfecting. Masks are optional while on the bus. We follow NJTransit and CDC Guidelines while on the bus. Eating and drinking are prohibited.

Shopping locations include Shop Rite, Walmart, Target, Dollar Store...
Doctor appointments must be located within East Windsor or Hightstown.

Please call the senior center to reserve your seat.

Monday and Wednesday

Hightstown area 8:30 am
Windsor Crossing area 8:45 am
Twin Rivers 9:15 am

Tuesday and Thursday

The Orchard 8:45 am
Wheaton Point 9:00 am
The Woods 9:00 am
East Windsor side of Rt.130 9:10 am
(Dutch Neck, One Mile Rd, Hickory Corner Rd...)
St. James 9:30

**Our Bus is not only used for shopping but also for trips.
Please understand the above schedule is subject to change.**

TRIPS

- ◆ Everyone must ride the bus “round-trip.” No exceptions.
- ◆ Straying from the group outside the location of the trip is not allowed.
- ◆ Do not ask the bus driver to go to additional locations.
- ◆ See each trip description for cost.
- ◆ Masks are optional while on the bus. .
- ◆ Please call the senior center to sign up 609-371-7192

October Trips



**Arts & Crafts
Show**
Ocean Grove

THIS TRIP IS FULL

Date: Saturday, October 5 Rain or Shine
Depart Time: 9:00am
Return Time: 3:00pm approx.

Community Bus: 50 cents given to driver on day of trip

Auditorium Square Park
Main Ave to Pilgrim Pathway

A lot of walking



THIS TRIP IS FULL

Date: Tuesday, October 8
OR (choose one date only)
Wednesday, October 9

Depart Time: 9:30am
Return Time: 3:00pm

Community Bus: 50 cents given to driver on day of trip

A lot of walking



**WINDY FARM Alpacas
and Lunch**
Chesterfield, NJ

Date: Thursday, October 17
Depart Time: 9:30am
Return Time: 3:00pm approx.
Cost: \$6.00 exact cash only

TRIP IS FULL

Community Bus: 50 cents given to driver on day of trip

Tour Includes

- ◆ Visit the pasture to interact and feed Alpacas.
- ◆ 1 hour structured tour, allow 1 1/2 hours
- ◆ Education - history & facts about alpacas.
- ◆ 10% shopping discount on alpaca products during tour



Killarney's
publick house
est. 2008

Lunch at @ Killarney's Publick House in Hamilton (pay on your own)

October Trips



Strauss Mansion Tour and Paranormal Lecture Atlantic Highlands, NJ

Monday, October 21

Departure Time: 10:00am

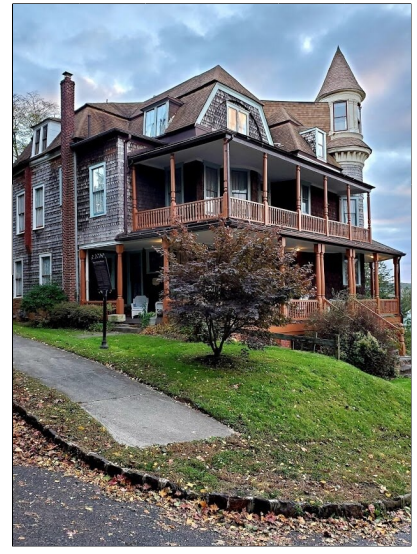
Lunch: Approx 12:30

Return Time: 3:30pm approx

This is a 2-part trip.
Please read
all information.

Part 1: The Strauss Mansion

Museum is a 21-room Queen Anne-style home built in 1893 that overlooks Sandy Hook Bay. It served as a summer cottage to Adolf Strauss, a wealthy New York importer and merchant, and his wife Jeanette. Strauss Mansion is the only Queen Anne style structure in Monmouth County that is open to the public. It features exhibition and period rooms, a library and bookshop. Run by the Atlantic Highlands Historical Society, the museum breathes life into the history of the Atlantic Highlands through its educational programming, publications, special exhibits and research services available to the community.



Part of the tour will consist of why the mansion is a favorite spot for ghost hunters. A lot of walking and there are 2 floors with no elevators in the house.

CANCELLED

Date: Friday, October 18

Depart from Senior Center: 9:00 am sharp

Depart from AC: 4:00 pm

Return: 6:00 pm approx.

Limited availability

Coach Bus

Cost: \$35.00 exact cash or check

Slot Play \$ is given on arrival.

Senior Center has no control over the amount the casinos give.

Please notice price increase per STARR Transit Company:

Moving forward, all AC trips will either cost \$32 pp or \$35 pp depending on the season.



CAESARS
ATLANTIC CITY

November Trips



Antique Shopping Burlington, NJ

Wednesday, November 6

Departure Time: 10:30am

Return Time: 2:30pm approx.



Historic Burlington Antiques
and Emporium 424 High St.

Antiques Market on High
407 High St.

Community Bus: 50 cents
given to driver on day of trip

A lot of walking

Stairs

Pay for lunch on your own at local
eateries within walking distance



Wednesday,
November 13

Depart: 9:30am

Return: 3:00pm : Approx



Cost: \$52 exact cash or check

Community Bus: 50 cents given
to driver on day of trip

Sixty years since it debuted on Broadway, *Fiddler on the Roof* remains a worldwide phenomenon and one of the most celebrated musicals of all time.

Fiddler retells the story of a Jewish family, holding strong to its traditions and faith in the face of changing times and the anti-Semitism of czarist Russia. Based on the stories of Sholem Aleichem and written by songwriters Jerry Bock and Sheldon Harnick and book writer, Joseph Stein, *Fiddler's* universal theme of tradition cuts across barriers of race, class, nationality and religion.



Date: Friday,
November 15

Departure Time:
10:15am

Return Time: 3:30pm
approx.

Community Bus: 50
cents given to driver on
day of trip

Menlo Park Mall - Edison

Monday, November 18

Depart: 10:00am

Return: 2:00pm

Community Bus: 50 cents
given to driver on day of trip



Things to do...No sign up required

Visit our **Stationary Equipment Room**

Hours: 8:30 am - 3:30 pm M-F

There will be an attendant in the room to assist and answer any question you may have.



- ◆ Stationary Bikes
- ◆ Treadmills
- ◆ Elipticals
- ◆ Rower



Sneakers are required to use the equipment



Game Room

Pool Tables
Ping Pong
Bridge and Card Games
Board Games
Puzzles

Monday thru Thursday
9:30 am - 11:30
No Bingo on Friday

BINGO				
1	27	33	48	75
8	19	45	56	61
3	18	FREE SPACE	49	69
15	26	41	53	66
2	21	37	46	65



Bridge Club
Tuesdays
1:00 pm



Chess Club
Every Wednesday
1:00 pm



Computer Room

The computer Room has 8 new computers. These computers are first come, first served.



Our Library
We accept book donations

Tutoring



iPhone 101 1-Hour Private Sessions

Wednesday's by
appointment only

Are there features on your cell phone you
don't know how to use?

- ◆ Texting
- ◆ Using Apps
- ◆ Retrieving email
- ◆ Using camera and video
- ◆ Using the internet
- ◆ Playing games
- ◆ Changing settings
- ◆ Installing updates
- ◆ Setting alarm/using calculator
-and so much more.



Android 101 30 Minute Private Sessions

Thursday's by
appointment only

Are there features on your cell phone you
don't know how to use?

- ◆ Texting
- ◆ Using Apps
- ◆ Retrieving email
- ◆ Using camera and video
- ◆ Using the internet
- ◆ Playing games
- ◆ Changing settings
- ◆ Installing updates
- ◆ Setting alarm/using calculator
-and so much more.

iPad / iPhone / Computer One-On-One Tutoring 30-Minute Private Sessions



Monday's
by appointment only

- ◆ Are you limited on your iPad or cell phone because you only know how to use a few things?
- ◆ Are you a beginner with no or little experience using a computer?
- ◆ Have you never used a computer?
- ◆ Do you need help with email?
- ◆ Do you need help changing the settings?

Ask the tutor!



It is very important to
keep your appointment
time or please call to
cancel.

If you are a "No Show,"
please keep in mind that
the volunteer is here
waiting for you.

HALLOWEEN COSTUME PARTY Sign up Required

FRIDAY, OCTOBER 25

12:00pm — 1:30pm

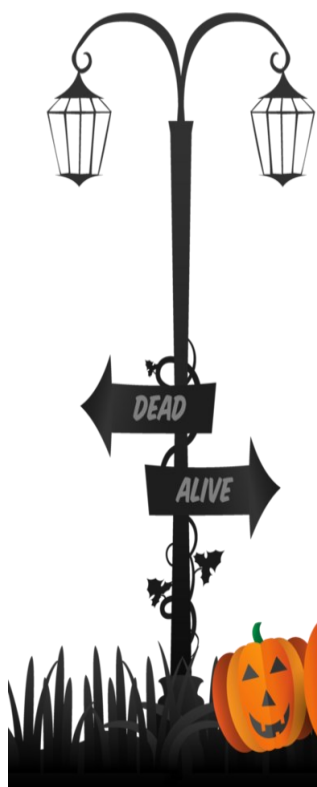
PIZZA PARTY

Entertainment by
DJ Lou Reed

Costume Contest Categories

Most Original
Scariest
Funniest

RSVP by Tuesday, October 15



HAPPY HALLOWEEN!

Lecture

Presidential Lecture The Lesser Known Presidents of the Gilded Age

Friday, October 18 @ 2:00pm

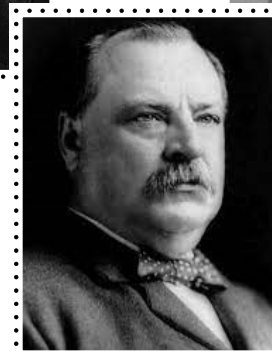
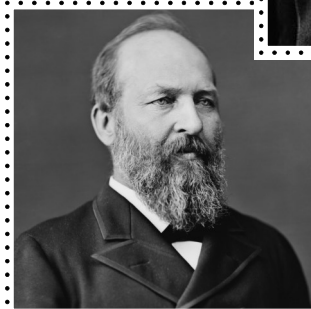
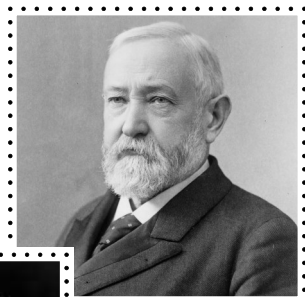
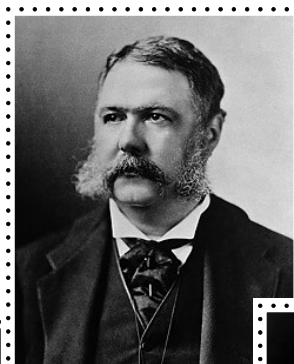
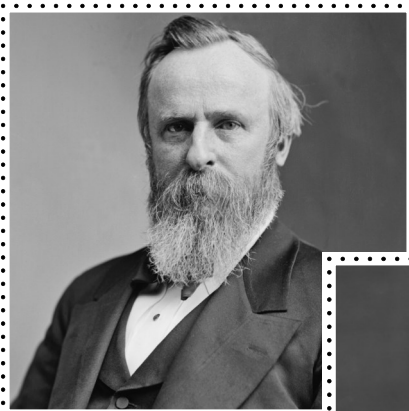


Louis Picone, Presidential Historian, and Award Winning Author of three books; *The President is Dead*, *Grant's Tomb*, and *Where the Presidents Were Born*, will be here to present his lecture.

The period of the Gilded Age saw America grow from a nation fractured by Civil War to an emerging superpower at the end of the nineteenth century.

The period of 1876 through 1897 saw tremendous economic and industrial growth consolidating massive wealth in the hands of a few as immigration surged, corruption was commonplace, a labor movement was formed, the West was won, and America stood on the precipice of a world superpower.

In this presentation we learn about the little-known, but consequential, presidents during this critical era: Rutherford B. Hayes, James Garfield, Chester Arthur, Grover Cleveland, and Benjamin Harrison. We will discuss their personal stories and rise to power, how they addressed the issues of the day, their political successes and failures, how they shaped the course of the nation.



Entertainment Sign up Required



The Senior Center Magic Club Presents..... The “National Magic Day” Show

Thursday, October 31
1:00pm—3:30pm

Come join the Magic Club for a Halloween Magic Show!

- 1:00PM to 2:00PM Close-up magic performed at various tables
- 2:00PM to 2:15PM Intermission - refreshments and snacks will be available
- 2:15PM to 3:30PM Stage Magic Show

Come out and support our Magic Club Members!



Songs of Yesterday with Tomardo

Monday, November 4
1:00pm –2:00pm

“Tomardo” is a full-time musician carrying on the tradition of legendary entertainers with a style and charm uniquely his own. He performs at casinos, on cruise ships, in restaurants, and for countless private & corporate events from NJ to Florida!

Enjoy an afternoon going back in time with Frank Sinatra, Dean Martin, Frankie Valli, Barry Manilow, The Beatles, and so much more.



Interactive Programs sign up required



Tuesday, October 29 @ 10:30am

Video shown during the discussion:

How to turn a group of strangers into a team.
By Amy Edmondson



Bingo with Kat

Tuesday, October 8
@ 1pm



Club Instructor;
George Hann

Magic Club

Every Wednesday
12:30pm



***No New Members
Being Accepted This Month**



Thursday, October 10
10:00am-11:00am

Bring 1-2 pages of your own work to read and discuss with other writers or create a writing based on the following prompt: "Right Back at you.."

Writing Instructor: Nancy Cathers Demme



Terry Goldstein's

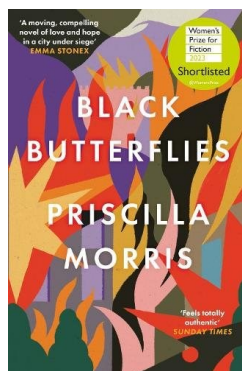
Tuesday, October 15
2:00pm

Book Club

Thursday, October 31
10:30 am - 11:30 am

Book: *Black Butterflies*
Priscilla Morris

Facilitator:
Sharon Galbraith Ryer
Hickory Corner Library



**PUZZLES
COLORING
BRAIN GAMES**

EVERY MONDAY
@ 1:00PM

Social Gatherings - Sign Up Required



Coin and Stamp Club



Tuesday, October 8
@ 2:15pm

Do you collect coins? Stamps?
Join John Guarniere as he will lead the



Pin Cushion Corner
Every Tuesday
@ 1:00 pm

Bring your knitting, crochet projects, or needle-point and socialize with others while working on your project.

SIGN UP REQUIRED

"Dine Around"

Let's meet for lunch once a month. We will choose a local eatery for you to enjoy with members of the senior center.

Wednesday, October 23
@ 12:30 pm

Scotto's Pizza
Twin Rivers / 400 Abbington Dr
East Windsor



This is a pay on your own event.
SIGN UP REQUIRED

Separate checks are not guaranteed

Crafts with Patti

Halloween Rock Painting

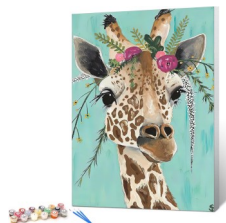
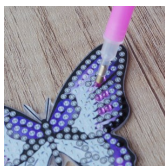
Thursday, October 24
1:00PM



Diamond Art and Paint by Numbers

Every Friday @ 10:30AM in the Art Room

You can purchase your own Diamond Art and/or Adult Paint by Numbers on Amazon. Be sure and choose acrylic paint, not oil. Walmart and Michaels also has a nice selection.



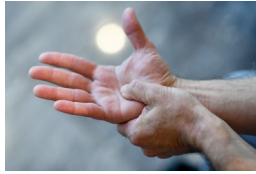
**Afternoon
Coffee & Chat
@ the Senior
Center**

Tuesday, October 22
2:00pm

Presentations Sign Up Required

Common Hand Problems Seen in the Elderly

Tuesday, October 8
10:30am



Hand function decreases with age in both men and women, especially after the age of 65 years. Deterioration in hand function in the elderly population is, to a large degree, secondary to age-related degenerative changes in the musculoskeletal, vascular, and nervous systems.

Presenter,
Dr. Debkowska



SEAVIEW
ORTHOPAEDICS

Chronic Conditions

Tuesday, October 15
10:30am



What is considered a “chronic condition?” Arthritis? Cancer? Heart Disease? Let’s discuss how to treat and / or delay the progress of certain conditions.

Presenter,
Dr. Malik



Tips for being News Savvy Online

Tuesday, October 22
10:30am

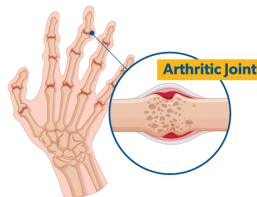


Sharing the news with others? In the digital age, anyone can publish anything on the internet, even if it’s completely false.

This lecture will explain the way technology has made it easier to create and spread misinformation. We’ll discuss tools to evaluate news sources and review helpful fact-checking sites. You’ll learn why it’s important to read and check your sources before sharing!

Arthritis

Wednesday, October 16
10:30am



So many of us have Arthritis. How many types of Arthritis are there? What steps should we take daily to get relief?



Cannabis for the Aging Population

Wednesday, October 30
10:30am



Are you curious about the potential of cannabis for improving your well-being as you age?

Hear from Dr. Monica Werkheiser, PharmD of Canna Remedies at this free workshop as she explores the growing interest in cannabis as a natural approach to wellness for older adults.

You’ll gain insights into the legality of cannabis in New Jersey and explore the scientific research on how cannabis may benefit older adults in managing common concerns like pain, sleep issues, and anxiety.



Presentations Sign Up Required

Seniors in Transition

This 7-week discussion group is for men and women who are experiencing life-stage changes and are interested in sharing their concerns with others in a comfortable and confidential environment.



Topics may include but NOT limited to:

- ◆ Role of families and expectations of our children
 - ◆ Concerns about children and grandchildren
 - ◆ Dealing with loss
- ◆ Managing life alone; changing marital status
 - ◆ Learning to ask for help
 - ◆ Letting go; acceptance
- ◆ Caregiving and the role of the caregiver
- ◆ Concerns about children and grandchildren
 - ◆ Downsizing; housing options

The group is facilitated by;
Susan Flaster, RN, BSN, MPA, CMC
Cindy Kramer, Med, MSW.

8-Week Program

***Dates:** (Wednesdays)
October 16, 23, 30
November 6, 13, 20, 27
December 4

Time: 1:30pm-3:00pm

MEDICARE HEALTH INSURANCE

Name/Nombre
JOHN L SMITH

Medicare Number/Numero de Medicare
1EG4-TE5-MK72

Enrolled in/Enrolled en
HOSPITAL (PART A) Coverage starts/Comienza en/empieza
03-01-2016

MEDICAL (PART B) Coverage starts/Comienza en/empieza
03-01-2016

Medicare Counselor

Medicare Open Enrollment is here!

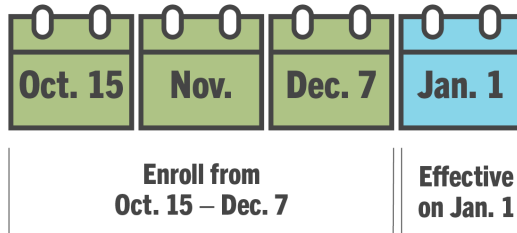


We have experienced Medicare Counselors that will meet with you one-on-one, privately, here at our senior center.

Now is the time to compare your current coverage to all your choices for 2024 and select the plan that best fits your needs and budget. Medicare’s Open Enrollment period gives everyone with Medicare the opportunity to make changes to their prescription drug plans or health plans for coverage beginning January 1, 2024. But don’t delay, the Open Enrollment period begins October 15 and ends on December 7.

Annual Enrollment Period

Review all your Medicare coverage options to make sure you have the plan that’s right for you.



To schedule an October appointment,
See front desk

Screenings / Appointment Needed



Wednesday, October 9
Appointment needed



Bone Density Screening

Thursday, October 24
Appointment needed

Writer's Group Writings

Once a month, the Writer's Group produces a writing based on a prompt.
The Writer's Group is instructed by; Nancy Cathers Demme

A Poem by Ellie Siegel

Breathe in light
Breathe out darkness
Breathe in lavender's calm
Breathe out the odor of fear
Breathe in the warmth of friendship
Breathe out the chill of loneliness
Breathe in the sweetness of honey
Breathe out the bitterness of hate
Breathe in the songbird's music
Breathe out the thunder of war
Imagine a rainbow after the storm
Carrying nature's message to smile, to marvel, to hope for a new dawn



Exercise Classes



Please visit the front desk for a description of classes



Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Cardio With Helen	8:30 Chair/Stretch With Mark	8:30 Balance With Mark	8:30 Balance With Mark	
9:30 Line Dance With Marcia	9:30 Pilates With Val	9:30 Zumba With Marcia	9:30 Balance With Mark	9:30 Chair/Stretch With Linda
11:30 Cardio With Doreen	11:30 Cardio With Linda	11:30 Balance With Mark	11:30 Yoga Sculpt With Ed	
	1:30 Tai Chi With June	1:30 Cardio With Mark	1:30 Cardio With Doreen	
	2:45 Chair Yoga With Ed	2:45 Chair/Stretch With Mark	2:45 Meditation With Ed	

\$1 per class

Challenge yourself.

Must wear sneakers

Not permitted into a class if you are 5+ minutes late

Don't forget about our Stationary Exercise Equipment Room!



Word Search



FALL WORD SEARCH

S G I V I S G W O R C E R A C S
C O L L A H S C A E I T H R E W
P U M P K I N O K S D E R O R O
T R L U N S R A L L E R D C O R
H D E M L B O N F I R E I H N A
A C A R L O C A R A E L C E E N
N O V E T H A N K S G I V I N G
T R L P H A G O U E R I F Y A E
S W L M A L C R N L E A V E S T
E C A A N L P P A P H A L L O C
V I B H F O O T B P I D E L H O
R E T A E W S H R A N A R O A R
A D O Y T E N A N R E S T W R M
H O O R H E D I R Y A H S E V U
E R F R E N E Y O U R F N O B P
E N E N A E H S C R O W O L L E

WORD BANK

WWW.ALWAYSTHEHOLIDAYS.COM

ACORNS
APPLES
BONFIRE
CIDER

CORN
FOOTBALL
GOURD
HALLOWEEN

HARVEST
HAYRIDE
LEAVES
PUMPKIN
ORANGE

RED
SCARECROW
SWEATER
THANKSGIVING
YELLOW



Word Search

Name: _____ Date: _____

Yom Kippur

F T F N N Y D F J L S A Z L G S D
O F E S V X W L L R W W H O U R S
R N S E J Q H Z H O L Y F A S T L
G M T D I I I F A S T I N G A C E
I J I F S U T P T G O D Q G I K A
V E V M X L E U B G M A K E U P T
E W A N L N J R A L S R B E Y P H
N I L B D J L I T R F X S L S R E
E S I C K X Y T H D O Y Q P Y A R
S H W I R K I Y I S J R L A N Y S
S J U D A I S M N Z R R N D A I H
O L Q W H D T E G H F E B K G N O
C C O N T I N U O U S L Y N O G E
C X U U K A I K X N K I Y W G X S
V N F N K Y J R S H O F A R U B E
Y O M K I P P U R R G U U D E R N
W W K I I T W E N T Y F I V E J C

leather shoes	continuously	forgiveness	twenty five
yom kippur	Holy Fast	Synagogue	festival
bathing	fasting	Judaism	praying
Jewish	makeup	purity	shofar
hours	white	God	



HALLOWEEN MOVIES

WORD SEARCH

HNOVARJIAMSRZJQTPLYV
 MUIBIMPADDAMSFAMILYR
 GNHGNPKDRLMPTSSWDAYG
 OSMOHJHALLOWEENTOWNZ
 OIZOTTRHWXVPARLHTAVG
 SHDENEMPAPRZISYNWVIH
 EXAXBSLABRUQQHADIWRO
 BRYUFDTTREERRJLXQTS GS
 UFCTNRQEREEYFIECNMT
 MBNOPTAMRABTPTVMHBEB
 POWNRZENHHNELOEEEUKU
 SCNGNPPDKOOSFETTSLS
 WADSFMSKMECUYOJTJVBT
 LSAHTXWEHANUSLRUENGE
 EPGJYEAAABENWSEVEIRVR
 XEGGXWRLNRKSEPTAXCQS
 PRKBDNESCPPIE OGNMEE
 UJFMSZQOIVBDAONCBIA C
 NXYIPJVMUNQTEGNIUDAS
 YBDUTZUFLKCJPRQEESZ

ADDAMS FAMILY
 BEETLEJUICE
 CASPER
 CORPSE BRIDE
 ET
 FRANKENWEENIE

GHOSTBUSTERS
 GOOSEBUMPS
 HALLOWEENTOWN
 HARRY POTTER
 HAUNTED MANSION
 HOCUS POCUS

HOTEL TRANSYLVANIA
 MONSTER HOUSE
 MONSTERS INC
 NIGHTMARE BEFORE
 XMAS
 TWITCHES

Senior Resources

Mercer County Social Services	(609) 989-4346
Adult Protective Services	(609) 599-1246
Catholic Charities	(609) 443-4000
East Windsor Township	(609) 393-9922
Interfaith Caregivers of Greater Mercer County	(609) 987-8100
Jewish Family & Children's Services	(609) 599-5357
LIFE St. Francis	(609) 695-3483
Meals on Wheels of Mercer County	(609) 989-4320
Mercer County Board of Social Services	(609) 890-9800
Mercer County Connection	(609) 989-6671
Mercer County Consumer Affairs	(609) 695-6249
Mercer County Legal Services for the Elderly	
Mercer County Office on Aging and Aging & Disability Resource Connection	(609) 989-6661
Mercer County Surrogate	(609) 989-6336
Mercer County Veteran Services	(609) 989-6120
NJ Division of Deaf and Hard of Hearing	(800) 792-8339
NJ Foundation for Aging	(609) 421-0206
PAAD, Lifeline & Senior Gold Hotline	(800) 792-9745
Ride Provide	(609) 452-5144
Route 130 Connection Bus	(609) 989-6827
Jewish Family Services / Secure at Home	(609) 987-8121
Senior Dental Association	(732) 821-9400
TRADE Transportation	(609) 530-1971
Visiting Angels of Central Mercer County	(609) 883-8188
Windsor-Hightstown Area Ministerium	(609) 448-0103



Helpful Township Websites

Sign up for Township Municipal E-News and Special Events:

<https://www.east-windsor.nj.us/e-news>

To receive important township notifications:

<https://www.east-windsor.nj.us/nixle>

Spotlight East Windsor:

<https://www.east-windsor.nj.us/spotlight-east-windsor>

Pay Taxes Online:

<https://www.east-windsor.nj.us/pay-a-tax-bill>

